

Carry Out Menu



La Pita

MEDITERRANEAN CUISINE

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(at the Wayne State University Campus)

Appetizers



Cold Appetizers

	Small	Medium	Large
 Hummus 4 6 9 Chick peas, tahini, garlic and lemon. A great dip!	4	6	9
 Baba Ghannouge 5 7 10 Roasted eggplant, tahini, garlic and lemon.	5	7	10
 Vegetarian Kibbie 9 Cracked wheat, tomatoes, onions, olive oil with natural spices.			9
 Sampler Platter 12 Hummus, baba ghannouge and tabbouli.			12
 Labneh with Garlic 9 Strained yogurt with garlic, mint, cucumber and black olives.			9
Kibbie Nyeh* 13 <i>The Steak Tartar Of The Middle East!</i> – Raw, mixed with bulgur wheat and natural spices.			13

Hot Appetizers

Grilled Shrimp 12 Five Jumbo Gulf Shrimp, marinated and charbroiled to taste.			12
 Batata Harra 7 Diced potatoes sautéed in olive oil, cilantro, cayenne pepper and garlic.			7
Hummus with Beef or Chicken 12 Sautéed beef tenderloin or chicken breast with pine nuts.			12
Baba Ghannouge with Beef 12 Sautéed beef tenderloin with pine nuts.			12
Grape Leaves 9 Stuffed with rice, beef and spices.			9
 Vegetarian Grape Leaves 9 Stuffed with rice, tomatoes, onions and spices, cooked in lemon sauce.			9
 Falafel 9 Served with lettuce, tomatoes and tahini sauce.			9
 Fool 5 Boiled fava beans mixed with garlic and lemon.			5
Fried Kibbie 9 Sautéed beef and onions stuffed into hand shaped meatballs.			9
Maqaniq* 9 Ground beef mixed with a blend of spices, pine nuts, vinegar, coriander and sautéed with lemon and pomegranate reduction.			9
Wing Dings 9 Marinated in a light garlic herb dressing, deep fried and served with garlic sauce, barbecue sauce or sautéed with garlic cilantro.			9
Sojok (Sausage)* 10 Ground beef mixed with garlic and a blend of spices.			10
Chicken Tenders 8 Chicken tenderloins battered with flour, eggs, breadcrumbs and Mediterranean spices, deep fried.			8

Combinations

 Vegetarian Combination #1 11 Hummus, tabbouli, rice, grape leaves and spinach pie.			11
 Vegetarian Combination #2 13 Hummus, baba, rice, house salad, spinach pie, grape leaves and falafel.			13
Shawarma Combo for Two 29 Chicken and beef shawarma, hummus, baba, rice and salad for two.			29
Combo Grill for Two 29 Chicken kabob, kafta kabob, beef kabob, hummus, baba, rice and salad for two.			29
Party Platter 4 to 5 People 85 9 to 10 People 160 Chicken kabob, kafta kabob, shish kabob, chicken shawarma, beef shawarma, falafel, fried kibbie, rice, hummus, baba, tabbouli, fattouch, spinach pie and grape leaves.	4 to 5 People 85	9 to 10 People 160	




 = Vegetarian

NOTICE: "Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition."

* These items may be cooked to order.

La Pita Lunch Specials

Served All Day

Chicken Breast	11
Served with rice, hummus, house salad and garlic sauce.	
Chicken Shawarma	13
Chicken roasted on a rotating skewer, served with rice, hummus, house salad and garlic sauce.	
Chicken Tenders	13
Chicken tenderloins, battered and served with hummus, house salad and fries.	
Arayis Pita *	12
Kafta mixed with pine nuts, baked in a pita. Served with fries and hummus.	
Beef Shawarma	14
Lean beef roasted on a rotating skewer, served with rice, hummus, house salad and tahini sauce.	
Chicken Kabob (Tawook)	12
Served with hummus, house salad, rice and garlic sauce.	
<i>Pan seared with lemon artichoke oregano sauce, spicy barbecue sauce or garlic cilantro sauce ~ add 1</i>	
La Pita Gourmet Burger *	9
Six ounces of Angus beef, charcoal broiled to taste and topped with cheese, tomatoes, mushrooms, onions, pickles and a special sauce, served with seasoned grilled potatoes or house fries.	
Shish Kabob *	15
Tenderloins served with house salad, hummus and rice. <i>Chef recommendation ~ Medium.</i>	
Kafta Kabob *	12
Ground beef mixed with parsley, onions and spices. Served with house salad, hummus and rice.	
Chicken Kafta	11
Ground chicken breast mixed with a blend of spices, parsley and onions, charbroiled to perfection. Served with rice, hummus, house salad and garlic sauce.	
Baked Kibbie	11
Ground beef with cracked wheat, layered with pine nuts and onion, served with yogurt and house salad.	
Grape Leaves	11
Served with house salad and yogurt.	
 Vegetarian Grape Leaves	11
Served with hummus and yogurt.	
Mediterranean Salmon	14
Served with rice, hummus and house salad.	
 Falafel Plate	11
Served with hummus, house salad and tahini sauce.	
 Mujadra	11
Lentil, cracked wheat and sautéed onions, served with house salad and yogurt.	

Salads

Toppings ~ Feta Cheese or Almonds ~ 2 Grilled Halloumi Cheese ~ 3
 Chicken Breast or Chicken Shawarma ~ 4 Beef Shawarma ~ 5 Salmon ~ 7

House Salad	Medium 5	Large 8
Romaine, red cabbage, tomatoes, cucumber and carrots mixed with our house dressing. Try one of our delicious toppings.		
Fattouch	Medium 5	Large 8
Lettuce, tomatoes, cucumber, radish, onions, green pepper and parsley in a unique dressing mixed with toasted pita.		
Tabbouli	Medium 6	Large 9
Chopped parsley, tomatoes, onions, mint and cracked wheat in a light lemon dressing		
Greek Salad	Medium 6	Large 9
Romaine, red cabbage, tomatoes, cucumber, carrots, black olives, feta cheese, pepperoncini and beets mixed with our house dressing.		
Caesar Salad	9	
Romaine lettuce with croutons and parmesan cheese mixed with our Caesar dressing.		
Lentil Salad	9	
Fattouch mix, topped with mujadra (lentils), dressed with lemon juice and olive oil.		
Cypriot Halloumi Rocca Salad	10	
Arugula leaves, onions and tomatoes, mixed with our specialty citron dressing, topped with roasted halloumi, garnished with beets.		
Almond Rice Salad	9	
House salad with warm rice and toasted, slivered almonds.		
Spinach Salad	9	
Spinach, tomatoes, onions and mushrooms mixed with our house dressing.		
Falafel Salad	12	
Combination of tabbouli, fattouch, hummus and falafel patties served with tahini sauce.		

Charcoal Broiler

Served with Soup or Salad and Includes Your Choice of Two Side Dishes

Deboned Chicken	<i>3/4 Chicken - 16</i>	<i>1-1/4 Chicken ~ 20</i>
Chicken marinated in lemon juice, natural herbs and garlic. <i>Pan seared with lemon artichoke oregano sauce, spicy barbeque sauce or garlic cilantro sauce ~ add 2</i>		
Chicken Kabob (Tawook)	17	
Marinated chicken breast on skewers, charbroiled to perfection with a side of garlic sauce. <i>Pan seared with lemon artichoke oregano sauce, spicy barbeque sauce or garlic cilantro sauce ~ add 2</i>		
Shish Kabob *	21	
Tenderloins charbroiled to taste. <i>Chef recommendation - Medium.</i>		
Kafta Kabob *	19	
Ground beef mixed with a blend of spices, parsley and onions, charbroiled to perfection.		
Chicken Kafta	16	
Ground chicken breast mixed with a blend of spices, parsley and onions, charbroiled to perfection.		
La Pita Mixed Grill	22	
Chicken Kabob, Kafta Kabob and Shish Kabob.		
Lamb Chops (5 Chops) *	29	
Trimmed and charbroiled to perfection. Topped with sautéed fresh garlic and spices.		
Filet Mignon *	26	
10 oz. center cut beef tenderloin, lightly seasoned and grilled to perfection, served with a mushroom demi glace. <i>Chef recommendation - Medium.</i>		
Surf & Turf	29	
Four jumbo shrimp and three lamb chops, charbroiled to perfection, or four jumbo shrimp and a 10 oz. filet mignon*, charbroiled to perfection.		
Shrimp Kabob	26	
Eight jumbo shrimp marinated and charbroiled to taste.		
Mediterranean Salmon	23	
Marinated salmon with lemon and herbs, charbroiled to taste.		
Orange Roughy	21	
Marinated in lemon, herbs and olive oil. Baked to perfection with capers and lemon sauce.		




House Specialties

Served with Soup or Salad and Includes Your Choice of Two Side Dishes

Hummus with Chicken or Beef	17
Choice of chicken or beef, sautéed with pine nuts.	
Hummus with Shawarma	18
Choice of beef, chicken or a combination.	
Shawarma Platter	19
"Our Secret Recipe" Marinated and seasoned with natural herbs and spices, roasted on rotating skewers. Choice of beef, chicken or a combination.	

Traditional Entrées






Served with Soup or Salad

Mushroom Sautéé	17
Your choice of chicken or beef, sautéed with fresh mushrooms, garlic and spices, served with rice and hummus.	
<i>With Salmon</i>	18
<i>With Shrimp</i>	22
 Ghalaba	14
Vegetarian - Sautéed carrots, broccoli, onions, tomatoes, mushrooms and green peppers served with rice.	
<i>with Chicken or Beef</i>	17
<i>with Salmon</i>	18
<i>with Shrimp</i>	20
 Grape Leaves	15
Your choice of vegetarian style or beef, served with yogurt and hummus.	
 Mujadra	15
Lentil, cracked wheat and sautéed onions, served with yogurt.	

Side Dishes

Rice with Almonds ~ Chargrilled Herb Potatoes ~ House Fries with Garlic Sauce
Grilled Vegetables ~ Basmati Saffron Rice with Vegetable ~ Quinoa with Turmeric

Traditional Pita Wrapped Sandwiches

Chicken Shawarma ~ Chicken roasted on a rotating skewer, with garlic and pickles	6
Beef Shawarma ~ Lean beef roasted on a rotating skewer, with sesame sauce, onions, tomatoes and pickles	6
Spicy Chicken ~ Chicken breast with tomatoes, pickles and spicy garlic	6
Smoked Turkey & Mozzarella ~ Served with lettuce, tomatoes, pickles and garlic ranch	6
Kafta Kabob ~ Beef or chicken	6
Super Kafta ~ Beef or chicken rolled with tabbouli and hummus	6
Chicken Tawook ~ Marinated chunks of chicken breast with garlic and pickles	6
Chicken Tawook and Tabbouli ~ With hummus	6
 Falafel ~ Bean and vegetable patty, served with sesame sauce, tomatoes and pickles	5
 Super Falafel ~ With falafel, tabbouli and hummus	5
 Mujadra ~ With tomatoes, onions and pickles	5
 Grape Leaves and Hummus ~ Vegetarian or beef filled	5
 Hummus and Tabbouli ~ Wrapped in a pita	5

Gourmet Baguettes

~ All \$7 Each ~

Chicken Breast ~ Served in a toasted French baguette with garlic and pickles.

Chicken Tender Sandwich ~ Served in a toasted French baguette with tomatoes and ranch dressing.

Spicy Chicken Breast ~ Served in a toasted French baguette with tomatoes, pickles and spicy garlic.

Smoked Turkey & Mozzarella ~ Served in a toasted French baguette with tomatoes, pickles and garlic ranch.

Barbecued Chicken Breast ~ Served in a toasted French baguette with barbecue sauce, tomato and pickles.

Sojok Sandwich ~ Beef sausage with pickles and tomatoes, served in a toasted French baguette.

Maqaniq Sandwich ~ Ground beef mixed with a blend of spices, pine nuts, vinegar and coriander, sautéed with lemon and served in a toasted French baguette with tomato and pickles.

Man~Ushi

~ All \$9 Each ~

Spicy Chicken ~ Chicken breast served on sesame bread with mozzarella cheese, tomatoes, pickles and spicy garlic spread.

Turkey ~ Turkey breast served on sesame bread with mozzarella cheese, tomatoes and garlic ranch spread.

 **Vegetarian Delight** ~ Thick oregano and sesame bread with feta cheese and tomato.

Markouk

~ All \$9 Each ~

Paper Thin Wraps Made With a Blend of Whole Wheat and Multi Grain Flour

Chicken Caesar Markouk ~ Chicken breast with romaine, tomato and Caesar dressing.

Beef Markouk ~ Shaved beef with roasted tomato, roasted onion, parsley, pickles and tahini sauce.

Chicken Markouk ~ Chicken breast with roasted tomato, pickles and garlic sauce.

 = Vegetarian

Liquid Health Bar

~ All \$5 Each ~
Quart Size, add \$4

Straight Health Juice ~ Your choice of carrot, orange, apple, mango, papaya or pomegranate.

Carrot Apple

V4 ~ Carrot, parsley, beets and spinach.

Strawberry Punch ~ Strawberries, bananas, orange juice and honey.

Health Cocktail ~ 2% milk, strawberries, banana and honey.

Femme Fatale ~ Coconut, orange and bananas.

High "C" Lemonade ~ Lemon juice, orange juice and honey.

Mango Smoothie ~ Mango, bananas, strawberries and honey.

Papaya Cooler ~ Papaya, strawberries, bananas and honey.

Carrot Punch ~ Carrot juice, orange juice, strawberries, banana and honey.

Sweet Sunshine ~ Mango, papaya, strawberries, banana, orange and honey.

Guava Smoothie ~ Guava, banana and strawberries.

Beverages

Mineral Water	2
Soft Drinks	2
Coffee	2
Arabic Coffee Pot	Small 3 Large 5

Ice Tea	2
Lemonade	2
Specialty Teas	2
Chamomile, Cranberry, Orange and Spices or Mint.	

A La Carte

Rice with Almonds	4
House Fries with Garlic Sauce	5
Basmati Saffron Rice with Vegetable	5
Homemade Yogurt	2
House Dressing	12 oz. 5
Garlic Dip	Side 75¢, 12 oz. 5
Oven Baked Bread, 6 Pieces	1.60

Chargrilled Herb Potatoes	5
Grilled Vegetables	5
Quinoa with Tumeric	6
Spinach Pie	4
Cheese Pie	4
Oregano Pie	4
Oven Baked Bread, 12 Pieces	3

Soups

Chicken Cilantro	4
Crushed Lentil	4
Broccoli	4
Soup Of The Day	4
Quart Of Soup	8

Desserts

Rice Pudding	4
Cream Caramel	4

Kids' Stuff

Hamburger & Fries	5
Cheeseburger & Fries	6
Chicken Tenders & Fries	5

Orange or Apple Juice	3
Milk	2
Child's Soft Drink	2

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